"The biggest changes I saw in the investigators was the opportunity for them to look inside themselves and be very open and honest with a group of people, to really talk about where they were now and where they were going."

Barb, Facilitator

YES! IT WORKS.

"What I am most proud of is that I plan now, and I'm planning for my future, not just for everyday events. I keep looking toward the light at the end of the tunnel"

- James, Participant

"For someone who is considering going through Getting Ahead, I would say you have nothing to lose and everything to gain. I guarantee there is something you're going to learn from the material that is going to stick with you for the rest of your life."

– Ermina, Participant

For more information on joining a Getting Ahead cohort facilitated by St. Vincent de Paul

Call: (812) 602-5182

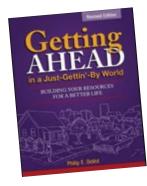
Email: info@svdpevansville.org

Visit: svdpevansville.org/getting-ahead/



St. Vincent de Paul's Getting Ahead cohorts are a part of the GAIN Initiative, a network designed to move our community out of poverty together. For more information on the GAIN Initiative, and to investigate other cohort offerings, please visit https://restoringpeople.com/services/gaininitiative/





Getting Ahead in a Just-Gettin'-By World: Building Your Resources for a Better Life © 2020 is a workbook designed to help individuals investigate their economic situation and develop tools for building a better life.

"Getting Ahead" is facilitated with a **small group** of individuals (6-12) **over the course of 16 weeks** in a "kitchen table" learning style. No one is told what to do. No one creates a plan for you. Rather, through investigating the causes of poverty and availability of resources, **participants learn** from the materials and each other to **assess their own situations** and **create their own future stories**.



TOPICS YOU WILL COVER -

- Describing poverty in our community
- Breaking the trap of instability and unpredictability
- Causes of poverty (it's not just bad choices)
- The "hidden rules" of different economic classes
- Language skills to improve problemsolving and relationships
- Assessing and building a network of resources
- Creating the "future story" for yourself and your community

Through new relationships, including the addition of a sponsor, participants can build a better future for themselves and their families.

DOES IT **REALLY** TAKE SIXTEEN WEEKS?

That sounds like a long time.

Consider the TYPICAL LENGTH of some COMMON SEASONS in our lives:

Winter, Spring, Summer, Autumn – 13 WEEKS
National Football League Season* – 18 WEEKS
(*regular season)

School Semester – 20 weeks

Major League Baseball Season* – 27 WEEKS

(*regular season)

Baby - 40 WEEKS



Sessions last 2.5 HOURS and are conducted ONCE PER WEEK.

Benefits of Participation:

- Receive a \$25 gift card at the completion of each session
- Graduates of "Getting Ahead" may be eligible for a guaranteed microloan to pay off burdensome debt at a very low interest rate.
- Build relationships that will help you start getting ahead
- Learn about yourself from an economic perspective