



AUGUST 2022

From the Catechism of Catholic Church, paragraph 1324

"The Eucharist is 'the source and summit of the Christian life.' [Lumen Gentium, paragraph 11.] 'The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch.' [Presbyterorum Ordinis paragraph 5.]"

Vocabulary:

Lumen Gentium – from Latin, meaning "Light of the Nations." Lumen Gentium is a dogmatic constitution on the church decreed in the Second Vatican Council. It is an eight "chapter" document that treats the church's nature and historical existence, various roles within the church, holiness and religious life, and the saints and Mary. An apostolic, or dogmatic, constitution is the most solemn form of legislation issued by the Pope.

Presbyterorum Ordinis – from Latin, meaning "order of priests." Subtitled "Decree on the Ministry and Life of Priests", it is one of the documents produced by the Second Vatican Council.

Pasch – from Latin, meaning "Easter." The Church refers to the Holy Triduum (Triduum means three days – Holy Thursday, Good Friday, and Easter Vigil) as encompassing the "Paschal Mystery," the institution of the Eucharist as it is fulfilled in Christ's suffering, crucifixion, death and resurrection.

Quote: "The devotion to the Eucharist is the most noble because it has God as its object; it is the most profitable for salvation, because It gives us the Author of Grace; it is the sweetest, because the Lord is Sweetness Itself."

- St. Pius X

Reflection: How would I describe my devotion to the Eucharist?

Prayer: Lord, give me the grace to more deeply devote my life to you, present in the Most Holy sacrifice of the Mass.